

OPTIMAL ISTANBUL

CHIP PCI **LIVE**

14—16 DECEMBER 2023

PROGRAMME



OPTIMA

Optima is proud to partner with leading physicians in the region, to bring you the next instalment of cardiology education. Our international faculty will present the latest thinking, insights, data and techniques in four vital areas within Complex PCI.

Simplifying Medical Education

14th December

The events starts at 15:00 with challenging case presentations and technology workshops during the afternoon.

15th December

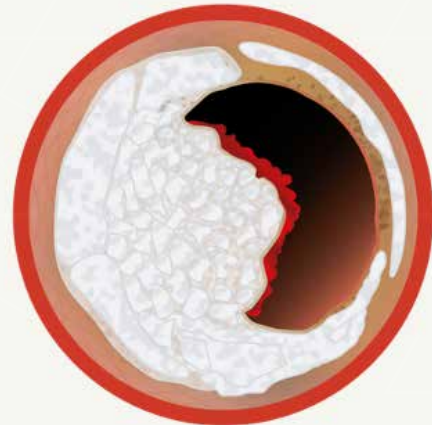
Imaging-based

Why not turn on the lights?



Coronary arterial calcium (CAC)

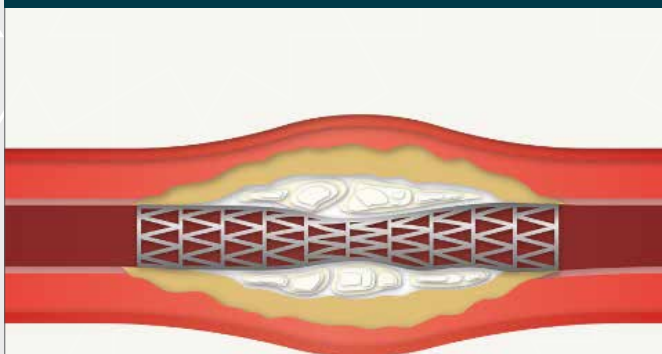
Too hard to crack?



16th December

Left Main PCI

The ultimate bifurcation!



CTO

Too tough to treat?



14th December 2023

Symposium: What is new clinical practice

Chair and panel		Bilgin Timuralp (chair), Ömer Göktekin (chair), Ramazan Akdemir, Ali Elitok, Sinan Dağdelen, Mehmet Vefik Yazıcıoğlu, Alpaslan Eryılmaz
15:00 – 15:30	Selution for Solution to leave nothing behind in Coronary	Adnan Kaya, Istanbul, Turkey
15:30 – 16:00	Bioadaptor usage in clinical practice	Ömer Göktekin, Istanbul, Turkey
16:00 – 16:30	Integrating QFR into Modern-Day PCI	Daniel Chamié, Yale University, USA
16:30 – 16:45	Coffee break	

Learn from others

Moderators and panel		James Spratt (moderator), Shawkat Miro (moderator), İbrahim Kocayığıt, Haşim Tüner, Doğu Kılıç, Mahkamov Najmiddin, Ganeev Malhotra
16:15 – 17:15	Case presentations	

15th December 2023

Imaging-based – why not turn on the lights?

AM SESSION 1

As we encounter more complexity, the need for precision and decision-making support grows. Learn how Intravascular Imaging provides an essential perspective to prepare, navigate and confirm success after a procedure.

	Chair and panel	
		James Spratt (chair), Baktash Bayani, Mustafa Mehmet Can, John Hung, Ismail Polat Canbolat, Mustafa Kürşat Tigen, Ahmet Yıldız
09:00 – 09:10	Introduction and course objectives	Ömer Göktekin, Istanbul, Turkey
09:10 – 09:25	The basics of IVUS – bats can do it, why can't we?	John Hung, Liverpool, UK
09:25 – 09:40	The basics of OCT – shining a light on complex problems	Ahmad Kashaba, Sharjah, Egypt
09:40 – 11:15	Live case 1: Memorial Bahçelievler Hospital, Istanbul Live case 2: Medical Park Florya Hospital, Istanbul	Ömer Göktekin, Doğu Kılıç Sean Gallagher, Umuttan Doğan
		LIVE
11:15 – 11:30	Coffee break	
	Hands on Session 1	
11:30 – 12:30	Zone 1: OCT, Vascular Access, Physiology – Group A Zone 3: IVUS and Rotablation – Group C	Zone 2: Intravascular Lithotripsy (IVL) – Group B Zone 4: Stenting (Ali Nazmi Calik, Ismail Polat Canbolat) – Group D
12:30 – 13:30	Lunch and exhibition	

Coronary arterial calcium (CAC) – too hard to crack?

PM SESSION 2


Explore the role of coronary arterial calcium in driving adverse outcomes, why it's important, and how to assess and treat these patients safely.

	Chair and panel	
		Simon Wilson (chair), Khaled Al Shaibi (chair), Ali Nazmi Çalık, Şevket Görgülü, Raed Alkutsan, Zsolt Piroth
13:30 – 13:45	Coronary calcium, why should I care?	Ömer Göktekin, Istanbul, Turkey
13:45 – 14:00	Calcium morphology, does it matter?	Mirvat Alasnag, Jeddah, Saudi Arabia
14:00 – 14:15	Multivessel disease, How physiology can help?	Zsolt Piroth, Budapest, Hungary
14:15 – 15:45	Live case 3: Memorial Bahçelievler Hospital, Istanbul Live case 4: Al Qassimi Hospital, UAE Dubai	Andrew Ladwiniec, Nihat Kalay Arif Al Nooryani, Wael Abushokka
		LIVE
15:45 – 16:00	Coffee break	
	Hands on Session 2	
16:00 – 17:00	Zone 1: OCT, Vascular Access, Physiology – Group D Zone 3: IVUS and Rotablation – Group B	Zone 2: Intravascular Lithotripsy (IVL) – Group A Zone 4: Stenting (Ali Nazmi Calik, Ismail Polat Canbolat) – Group C
17:00 – 17:20	Putting it all together, a treatment map	James Spratt, London, UK
17:20	Day end and conclusions	Ömer Göktekin, Istanbul, Turkey

Left Main PCI – the ultimate bifurcation!

AM SESSION 3

Understand how to select patients for this critical junction of coronary arteries, which are the best stent strategies, and how to manage challenges when it goes wrong.

	Chair and panel		
			Ömer Göktekin (chair), Wael Al Kashkari (chair), Andrew Ladwiniec, Nazif Aygün, Shawkat Miro, Ahmet Karagöz, Samed Gafari, Ertan Vuruşkan
09:00 – 09:10	Introduction and day objectives		Ömer Göktekin, Istanbul, Turkey
09:10 – 09:25	The perfect treatment for the perfect patient?		Andrew Ladwiniec, Leicester, UK
09:25 – 09:40	One stent or two? What drives strategy?		Simon Wilson, London, UK
09:40 – 09:55	What can go wrong and how to get it right		Khaled Al Shaibi, Jeddah, Saudi Arabia
09:55 – 11:15	Live case 5: Medical Park Florya Hospital, Istanbul Live case 6: Al Qassimi Hospital, UAE Dubai		John Hung, Hakan Uçar Arif Al Nooryani, Wael Abushokka
11:15 – 11:30	Coffee break		
	Hands On Session 3		
11:30 – 12:30	Zone 1: OCT, Vascular Access, Physiology – Group C Zone 3: IVUS and Rotablation – Group A	Zone 2: Intravascular Lithotripsy (IVL) – Group D Zone 4: Stenting (Ali Nazmi Calik, Ismail Polat Canbolat) – Group B	
12:30 – 13:30	Lunch and exhibition		

CTO – too tough to treat?

PM SESSION 4

Understand where to start and how to develop your knowledge and skills to navigate CTOs more effectively.

	Chair and panel		
			Baktash Bayani(chair), Andrew Ladwiniec (chair), Ata Firuzi, Cengiz Şabanoğlu, Alp Burak Çatakoğlu, Hakkı Şimşek, Hasan Ali Barman, Mahdi Toluey
13:30 – 13:45	CTO – where to start and how to understand		Hakan Uçar, Istanbul, Turkey
13:45 – 14:00	Moving backwards and forwards simultaneously? (retrograde PCI)		Sean Gallagher, Cardiff, UK
14:00 – 15:15	Live case 7: Memorial Bahçelievler Hospital, Istanbul Live case 8: Medical Park Florya Hospital, Istanbul		Simon Wilson, Kürşat Tigen James Spratt, Ahmet Şakir
15:15 – 15:30	Coffee break		
	Hands on Session 4		
15:30 – 16:30	Zone 1: OCT, Vascular Access, Physiology – Group B Zone 3: IVUS and Rotablation – Group D	Zone 2: Intravascular Lithotripsy (IVL) – Group C Zone 4: Stenting (Ali Nazmi Calik, Ismail Polat Canbolat) – Group A	
16:30 – 16:50	An introduction to ADR		James Spratt, London, UK
16:50	Day end and conclusions		Ömer Göktekin, Istanbul, Turkey

With thanks to our partners



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We look forward to seeing you there

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